

ADVANCED SURF

The definition involves:

The surfing of reefs, points, and off-shore features

Surfing from beaches where surf height exceeds 1 metre or where stronger winds, cold conditions, rips, long shore drift, rocks or other potential hazards are involved

QUALIFICATIONS FOR THE COACHING OF CANOEING

There are five levels of coaching qualification for the teaching of canoeing, the first four of which are related to competence to be in charge of canoeing groups on the type of water involved; or in the case of the Placid Water progression, a wider range of experience and use of increasingly specialist craft:

Level 1 Coach*	Very Sheltered Water
Level 2 Coach Trainee	Very Sheltered Water
Level 2 Coach	Sheltered Water
Level 3 Coach Trainee	Sheltered Water
Level 3 Coach	Moderate Water
Level 4 Coach	Advanced Water
Level 5 Coach	A qualification to indicate an extensive all-round level of knowledge and ability, able to train others for advanced qualifications.

* The Level 1 Coach is intended for teachers and youth leaders for whom canoeing is not a main activity. Club canoeists may enter the scheme at Trainee Coach Level 2.

The teaching qualifications are sub-divided to cater for the differing disciplines within canoeing as follows:

<i>Level 1 Coach</i>	Closed Cockpit Kayak (can also supervise canoes and open cockpit kayak) Canoe Placid Water (Open Cockpit) (also includes canoes used for racing)
<i>Level 2 Coach</i>	Closed Cockpit Kayak (can also supervise canoes and open cockpit kayak) Canoe Placid Water (Open Cockpit) (also includes canoes used for racing)
<i>Level 3 Coach</i>	Closed Cockpit Kayak (can also supervise canoes and open cockpit kayaks on Sheltered Water) separates into: White Water Sea Surf Canoe Placid Water (Open Cockpit kayak)
<i>Level 4 Coach</i>	As for Level 3
<i>Level 5 Coach</i>	As for Level 3 (except Placid Water)

OBTAINING BCU QUALIFICATIONS FOR THE COACHING OF CANOEING

In order to obtain a coaching qualification it is necessary to become a comprehensive member, be 16 years of age and first hold the pre-requisite Star Test, the Canoeing Safety Test, and a current First Aid Certificate, in order to attend a 2-day Training course. The Level 1 Coaching Award can be obtained either by doing a one day evaluation course if the pre-requisites are already held or on a 2-day course when a First Aid certificate, and membership or registration are the only pre-requisites. It is necessary to be 18 years of age for assessment, except for levels 1 and 2, when those aged 16-17 may be accredited as Junior Coaches, provided they are working under the auspices of a club or organisation. Minimum age for level 5 is 21

Star Tests can be undertaken locally. A list of courses appears in the *BCU Yearbook*, or the name and address of the Local Coaching Organiser, who can put the enquirer in touch with a local examiner, may be obtained from the relevant national association.

