

# PRE-REQUISITES FOR COACHING COURSES

## LEVEL 1 Training and Assessment (2 days)

18 years old (16 for junior Coach)  
National Association Basic member  
or £17.50 Registration fee  
CST and 2 Star test during course  
Current First Aid Certificate  
(4 hour including CPR and EAV)

## LEVEL 1 Assessment (1 day)

18 years old (16 for junior Coach)  
National Association Basic member  
or £17.50 Registration fee  
Current First Aid Certificate  
(4 hour including CPR and EAV)  
2 Star Test in relevant craft  
CST in relevant craft

## LEVEL 2 Training

18 years old (16 for junior Coach)  
National Association Comprehensive member  
Current First Aid Certificate  
(4 hour including CPR and EAV)  
3 Star Test in relevant craft  
CST in relevant craft  
£17.50 Registration fee

## LEVEL 2 Assessment

18 years old (16 for junior Coach)  
CST in relevant craft  
National Association Comprehensive member  
Current First Aid Certificate  
(4 hour including CPR and EAV)  
Level 2 Training within last 3 years  
Minimum 20 hours logged teaching  
experience since training

## LEVEL 3 Training

18 years old  
National Association Comprehensive member  
Current First Aid Certificate  
(8 hours including CPR and EAV)  
Relevant 4 Star Test  
Relevant Level 2 Coach Award  
£17.50 Registration fee

## LEVEL 3 Assessment

18 Years old  
National Association Comprehensive member  
Current First Aid Certificate  
(8 hour including CPR and EAV)  
Level 3 Training within last 3 years  
Minimum 30 hours logged teaching experience since  
training  
£15 fee paid at Assessment

## LEVEL 4 (no course - not assessed)

National Association Comprehensive member  
Current First Aid Certificate  
(8 hour including CPR and EAV)  
Relevant 5 Star Test  
Relevant Level 3 Coach Award  
Coaching Processes Course attendance  
Covering Letter  
£10 Registration fee

## LEVEL 5 Development

21 years old  
National Association Comprehensive member  
Current First Aid Certificate (8 hr)  
Relevant Level 4 Coach Award  
4 Star Test in alternative discipline  
Have helped on at least one Level 2 or Level 3  
training or assessment course  
£17.50 Registration fee